



# BCIS

PHUKET



## SWIMMING ACADEMY

The Swimming Academy at BCIS Phuket caters to beginner swimmers right through to competitive swim coaching at the highest level. Our “Learn to Swim” group is for beginner swimmers and is available to three different age groups, while our Pre-Junior and Junior squads are for more advanced swimmers grouped according to swimming ability.

### WEEKLY SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TIME	SATURDAY
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#### Junior Campus Swimming

3.30 - 4.15pm	Age 6-7	Age 4-5	Age 6-7	Age 4-5	Age 8+		
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Led by Coach Max, Coach Cream, Coach Shade  
\*BCIS will be adding courses for Age 3 in dry season (Term 2)

#### Senior Campus Swimming

3.45 - 5.00pm	Intermediate Squad	Intermediate Squad	Intermediate Squad	Intermediate Squad	Intermediate Squad		
3.45 - 5.45pm	Advanced Squad	Advanced Squad	Advanced Squad	Advanced Squad	Advanced Squad	6.30 - 8.30am	Advanced Squad

Led by Coach Polina (Advanced Squad), Coach Janine (Intermediate Squad)

### PACKAGES & PRICING

4 - 6 sessions per week: THB 250/session

2 - 3 sessions per week: THB 350/session

1 session per week: THB 400/session

\* Junior Squad swimmers are required to train at least 4 times per week.



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