



PARIS SAINT-GERMAIN ACADEMY



PARIS SAINT GERMAIN ACADEMY TERM 1 ACADEMY TRAINING August 28 - December 13

WORLD CLASS FOOTBALL TRAINING, INCLUDING:

- Intensive tactical and skill training
- PSG Academy Development Methodology
- Experienced & Certified football coaches
- Weekly match days based on age group

PACKAGES & PRICING

PSG CLUB	PSG ACADEMY
5 sessions:	5 - 6 sessions:
THB 250/session	THB 300/session
2 - 4 sessions:	3 - 4 sessions:
THB 300/session	THB 350/session
1 sessions:	2 sessions:
THB 350/session	THB 400/session

WEEKLY SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TIME	MATCH DAY SATURDAY
PSG CLUB							
3.45 - 4.45pm	PSG Club Age 6+	PSG Club Age 4-5 + Girls Group	PSG Club Age 6+	PSG Club Age 4-5 + Girls Group	PSG Club Age 6+		
PSG ACADEMY							
5.00 - 6.00pm	Performance Fitness Training U13 + Girls		Performance Fitness Training U11	Performance Fitness Training U15		9.00 - 10.00am	U9
5.00 - 6.30pm	Academy Training U11/U15/U9 - Performance Fitness Training U13 + Girls	Academy Training U13/U15/Girls - Futsal (Sports Centre) U11	Academy Training U9/U13 - Performance Fitness Training U11	Academy Training U11/U13/Girls - Performance Fitness Training U15	Academy Training U9/U11/U15 - Futsal (Sports Centre) U13	10:00 - 11:00am	U11
						11.00 - 12.00pm	U13/U15

Academy Coaches: JR, Selim, Joe, Sarah (Fitness), Antoine
Academy athletes are required to attend a minimum of 3 sessions per week. All players must have a Blue or Red training uniform.

- U9 Training (Born 31/07/2015 and younger)
- U 11 Training (Born 01/08/2015 - 31/07/2013)
- U 13 Training (Born 01/08/2013 - 31/07/2011)
- U 15 Training (Born 01/08/2011 and older)

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