



BCIS
PHUKET



GYMNASTICS ACADEMY

Taking place at the new BCIS Sports Centre, our Gymnastics Academy is ideal for children looking to develop core fitness, balance, strength and coordination as well as learn technical aspects of gymnastics. We have five different Gymnastics options available: KinderGym (4 to 5 y.o.), Gym Kids (6 to 8 y.o.), Gym Junior (9+ y.o.), and Gym Competitive for gymnasts deemed to be at a high skill level.

WEEKLY SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TIME	SATURDAY
3.50 - 4.40pm	Kinder Gym	Kinder Gym	Kinder Gym	Kinder Gym	Kinder Gym		
3.50 - 4.40pm	Gym Kids	Gym Kids	Gym Kids	Gym Kids	Gym Kids	8.45 - 9.35am	Gym Kids
4.45 - 5.45pm	Gym Junior	Gym Junior	Gym Junior	Gym Junior	Gym Junior	9.35 - 10.30am	Gym Junior
4.45 - 6.45pm	Gym Competitive (Advanced)	Gym Competitive (Advanced)	Gym Competitive (Advanced)	Gym Competitive (Advanced)	Gym Competitive (Advanced)	9.30 - 11.30pm	Gym Competitive (Advanced)

Led by Coach Zsolt, Coach Caroline, Coach Oun
Kinder Gym (Age 4 - 5) | Gym Kids (Age 6 - 8) | Gym Junior (Age 9+)
Gym Competitive - Must sign up for 3 trainings

PACKAGES & PRICING

Gym Competitive*

5 - 6 sessions per week: THB 600/session

3 - 4 sessions per week: THB 650/session

* minimum 3 sessions per week required

KinderGym, Gym Kids, Gym Junior

5 - 6 sessions per week: THB 400/session

3 - 4 sessions per week: THB 450/session

1 - 2 sessions per week: THB 500/session

